

# The 9 Best Sex Positions That Practically Guarantee an Orgasm

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BY **THE EDITORS OF WOMEN'S HEALTH** OCT 21, 2013



Any athlete can tell you that the proper form is crucial to performance. Slightly changing up your technique can mean shaving a few seconds off of your race time or scoring a few extra points. Sex is no different: Picking the right sex position can mean the difference between crossing the finish line and ending up with the female equivalent of blue you-know-whats—and these nine choices will all leave you 100 percent satisfied.

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### **G-Whiz**



YOCO/DUTCH UNCLE LTD.

When you lie on your back with your legs raised, it tightens your vaginal muscles and gives your partner easy access to the G-spot—so it's way easier to achieve an orgasm.

Try G-Whiz.

(Check out these fun lube options from the [Women's Health Boutique](#).)

## Doggie Style

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Help your O along by massaging your clitoris as your partner stimulates your G-spot from behind.

[Try Doggie Style.](#)

*Watch this video to learn more about one of our favorite subjects: orgasms!*

## Reverse Cowgirl

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YOCO/DUTCH UNCLE LTD.

You get to call the shots in this sex position. Bonus: Reverse cowgirl helps

delay your partner's climax, so you don't have to worry about rushing to the finish line.

Try Reverse Cowgirl.

## Missionary

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YOCO/DUTCH UNCLE LTD.

Think you know missionary? Think again: Shifting the angle of your legs in this go-to (and surprisingly versatile) position can make it feel so much hotter.

[Try Missionary.](#)

## The Pinball Wizard

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Put one of your legs over your partner's shoulder for an even more intense sensation.

[Try The Pinball Wizard.](#)

## Cowgirl's Helper

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Since your partner's supporting some of your weight in this position, there's less stress on your legs—which makes it so much easier to climax.

[Try Cowgirl's Helper.](#)

## Magic Mountain

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YOCO/DUTCH UNCLE LTD.

Every time you rock against your partner's pelvis in this position, you'll be that much closer to the big O.

*Try Magic Mountain.*

## The Chairman

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YOCO/DUTCH UNCLE LTD.

This sex position is perfect for hitting and stimulating your G-spot—but your hands will be free to wander elsewhere...

[Try The Chairman.](#)

**X-Factor**

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Having your partner enter you in missionary and rotate their chest and legs off your body is a totally novel—and totally hot—sensation.

[Try X-Factor.](#)

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